

Around the Square

Publication of the Woodmar Square Homeowners Association

www.Woodmarhoa.org • WoodmarHOA@yahoo.com

Vol. 29 No. 04

April 2010

Circulation: 600

Make a Plan in Case of Emergency

In the last few years in Jefferson County, we've seen emergencies ranging from wildfires to paralyzing blizzards to a school shooting. Events like these can plunge families into chaos, panic and confusion.

Having an emergency plan ahead of time can help you communicate with, reconnect with, and protect your family. Every situation is different, but if you prepare for a wide range of possibilities, you'll be better equipped to deal with a crisis.

FAMILY

Plan how your family will stay in contact if separated. Pick two meeting places: one a safe distance from your home (in case of a house fire), and another outside your neighborhood (in case you can't return to your neighborhood). Make sure everyone knows the actual phone numbers they need, in case they don't have access to the data stored in their mobile phones.

Ask an out-of-state relative or friend to serve as the "family contact." (After a disaster, it's often easier to call long distance than to place calls within the disaster zone.) Make sure everyone in the family knows the name, address, and phone number of the contact person.

Teach very young children to memorize their parents' first and last names. If they are separated from their family, it will be difficult for emergency responders to identify "Mommy" and "Daddy."

NEIGHBORS

Plan how the neighborhood could work together after a disaster. Know your neighbors' skills (medical, technical). Consider how you could help neighbors with special needs, such as elderly or disabled persons. Make plans for child care in case parents can't get home. If you live alone, coordinate with neighbors and create a plan to check on one another's welfare.

SCHOOLS

Familiarize yourself with the school district's standard response protocol. Jeffco

Public Schools have extensive security plans in place and regularly conduct drills and exercises, both with and without the students. Make sure your children know what to do in a lockdown, lockout or evacuation.

SUPPLIES

Emergencies like earthquakes and blizzards can result in you being stuck at your house with no way to access necessities. In some cases you may lose power for an extended period. We recommend that you:

- Stock supplies to last up to a week for each person in the household.
- Be prepared to relocate to a shelter during a prolonged power outage.
- Have extra cash on hand in case electronic transactions cannot be processed.
- Store a supply of drinking water in clean plastic, glass, fiberglass or enamel-lined metal containers.
- Create a 72-hour kit that includes food, first aid supplies, a battery-operated radio and flashlight, essential medications and more.

WHY WE'RE CALLING YOU IN AN EMERGENCY

In the case of an emergency that presents imminent danger to a particular neighborhood, the Sheriff's Office may launch the "reverse 911" system to warn you by phone. If you lack a land-line phone, or if you use a VOIP service, you will not receive these calls. You can register your mobile phones to receive e911 calls by visiting our website.

PETS

Be sure to include pets in your emergency plan. License your dog through Jefferson County Animal Control, make sure your dog or cat has your contact information on its collar, and consider micro-chipping your dog or cat at your veterinarian's office. All of these methods will help to ensure your pet's safe return if you become separated. If you must evacuate, do all that you can

to take your pets with you. In a disaster, household pets can stay either in human shelters or in temporary animal shelters.

LEARN MORE

The Sheriff's Office department of Emergency Management has extensive information and resources on emergency preparedness available to you. Learn more by visiting Emergency Management's site, or check out FEMA.org.

— Sheriff Ted Mink



9 Health Fair Held At Waterstone Community Church

Endorsed by the Colorado Medical Society, the Colorado Nurses Association, and the Colorado Hospital Association

Saturday, May 1, 2010, 7 a.m. – noon

Waterstone Community Church

5890 South Alkire Street in Littleton

The Waterstone Community Church site will be offering the following screenings:

- Basic Blood Screenings
- Body Fat Skin Fold Screening
- Oral Health Screening
- Spinal Screening
- Ask a Pharmacist

Please bring your used eyeglasses to share the gift of sight. Health Fair participants can pre-register at www.9HealthFair.org. For more information, call 303-698-3799 or 1-800-332-3078 or visit www.9HealthFair.org.



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WOODMAR SQUARE PICNIC

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The **WOODMAR SQUARE** newsletter is published and distributed monthly by the Woodmar Square Homeowner's Association, a volunteer homeowner's association. All articles must be approved by the editor for publication. Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

Article deadline is the 10th of each month; distribution is the first week of each month. Advertising deadline is the 15th of the month for the next month's issue except for the Jan. issue which is Dec. 6th.

For advertising information,
 call **Colorado Lasertype, 303-979-7499**
 Email: getinfo@ColoradoLasertype.com
 Visit our website at www.ColoradoLasertype.com.

Volunteer Sign Up

We would like to volunteer for: _____

An Activity: _____

Check if interested or indicate if you are willing to have tour at your home.

- Volunteer day _____
- Home tour _____
- Garden tour _____
- Garage tour _____

Name, address, phone and e-mail _____

Welcoming Basket: _____

My business is: _____

Name: _____

Address: _____

Phone: _____

E-mail: _____

Web site: _____

Gift or coupon: _____

Other information: _____

Please send to: Woodmar Square HOA
 P.O. Box 620231
 Littleton, CO 80162-0231

Have an Article Idea for the Newsletter?

This is your community! We love your ideas!
 Send an email to WoodmarHOA@yahoo.com
 with suggestions, comments or an article.



B'nai Chaim Services

B'nai Chaim, a Reform Jewish Congregation serving south-west metro Denver, will conduct a Shabbat Services on April 9 and April 23 at 7:30 p.m. On April 16 at 6:15 p.m., there will be a Tot Shabbat service celebrating Shabbat with children from infants through second grade. It is a short service, full of songs and a story, followed by a delicious oneg. All services will be held at Congregation B'nai Chaim, 4716 South Coors Lane. An Oneg Shabbat will follow. All are welcome. Call **303-697-2668** or visit our website at www.bnaichaim.org for more information.

Want To Get Away? Be Wary Of Travel Scams!

If you're already planning your summer vacation, here's some advice from the good folks at the Consumer Information Center (www.pueblo.gsa.gov) about how to avoid travel scams that will waste your money and ruin your holiday:

- Deal only with travel agencies or tour companies that have a good standing. Ask if they belong to a professional association. Call your Better Business Bureau chapter to find out whether there have been any complaints filed against the company.
- Shop around. Never rush into booking a vacation without getting offers from at least two agencies or tour providers. Think of it as being like car shopping — find out how far your buck will stretch before you buy.
- Beware of offers that are too good to be true. Be leery of "free" trips or ridiculously cheap prices. If you're offered a "two-for-one" deal, a "free stay," or such, make sure to find out what the deal really involves.
- Ask, and ask again. Get as many details as you can about each travel offer. Be sure you fully understand all the terms before agreeing to buy. Ask for specific names of airlines, hotels, restaurants, tour providers, or any other vendor mentioned as part of the package. Also ask whether there's a cancellation policy.
- Get all promises in writing. Consider trip insurance for additional protection, too.
- If you're asked to pay in advance, ask if you can pay a deposit. CIC adds that using a credit card is safest because of your right to dispute the charges if the services were misrepresented or never delivered.

**From Hare To Eternity:
Origins Of The Easter Bunny**


Next to Santa Claus, the Easter Bunny is probably the most beloved bringer of gifts to small children. This famous symbol of spring was originally associated with Eostre, a German goddess of fertility who was often depicted with a rabbit companion. Both rabbits and eggs, not surprisingly, are considered symbolic of fertility. The bunny as a symbol of Easter was first mentioned in German writings during the 16th century, and edible bunnies made of pastry and sugar were made in Germany during the 19th century. The Easter Bunny was introduced to American children by German settlers in the Pennsylvania Dutch region in the 1700's. Children were encouraged to build colorful nests and hide them in their homes. If the children had been good, the Osterhase would leave brightly colored eggs in the nests.



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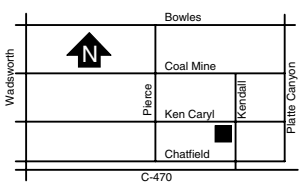
April 22: 9:30 am to 7:00 pm
(no strollers until noon)
April 23: 9:30 am to 2:00 pm
April 24: 8:00 am to 12:00 pm
(50% off white tickets)

\$1 admission to benefit St. Philip Lutheran Church's
Interfaith Hospitality Network and Habitat for Humanity

**19th Annual Children's
Clothing & Bake Sale**

**Children's clothes, toys, books, DVDs, baby
equipment and more!**

St. Philip Early Learning Center
7531 S. Kendall Blvd.
Littleton, CO 80128
303-972-9774
www.StPhilipELC.org
Sale info: Sarah at 720-379-6184
Julie at 303-904-7159



Matching funds available from Thrivent Financial for Lutherans



Foothills
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**OUTDOOR POOLS
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Open: JUN 5 – AUG 22

WEAVER HOLLOW • 720-981-3108
Open: MAY 29 – AUG 22

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- Music
- Recreation
- Painting

**Call us to ask how to get added to one of the categories above!
303-979-7499**

Visit our website for advertising information, ad rates, a map of the HOA newsletters we publish and details about our graphic design services.
www.ColoradoLasertype.com

Teen Services

To add your teen's name, please call **Colorado Lasertype** at **303-979-7499** and leave the following information: the **neighborhood you live in**, your age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting * Red Cross Cert. for CPR **(L)** Lawn care **(S)** Snow removal **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Eric B.	12	P	303-973-7802
Sara B.	12	B*	303-325-1683
Courtney C.	14	B/P	303-904-8483
Jackie C.	16	B	303-904-8483
Jeff F.	12	P/L/S	720-276-1899
Hannah M.	12	B/P	720-238-3973
Kelsey	17	B/P/L/S	303-703-3673

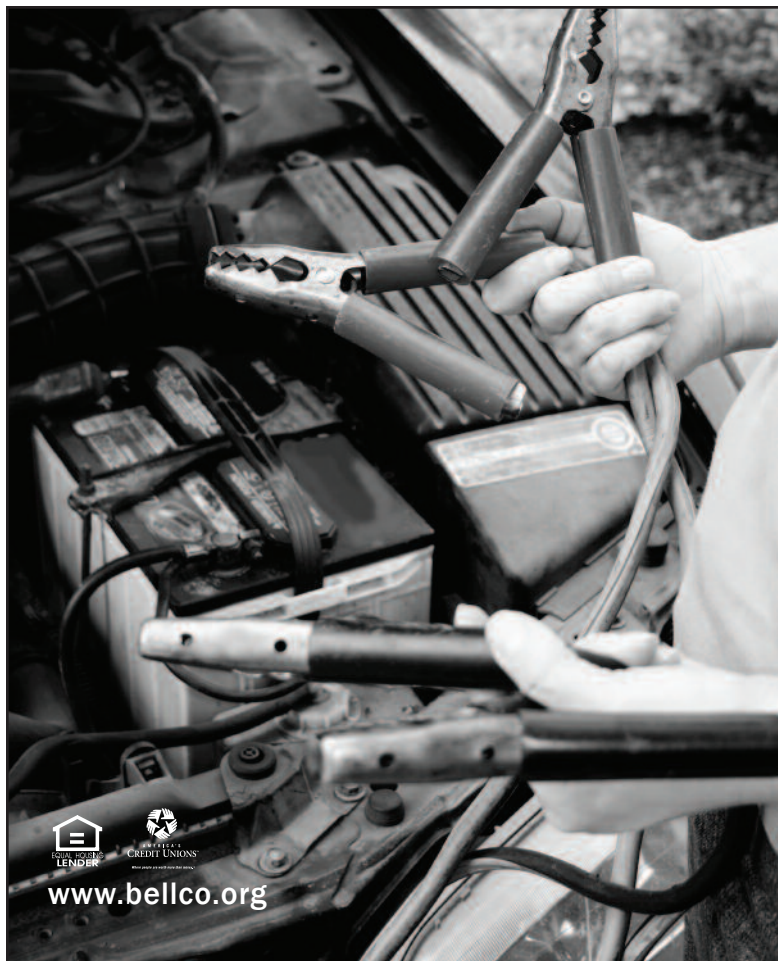
Teen Services Updates in June

We update the teen services list each year. If you would like to remain on the list, **you must call Colorado Lasertype at 303-979-7499 by May 15th** or your name will be deleted. Please leave the following information: your name (including spelling); age; what category you want: (B) Babysitting, (*) Red Cross certified for CPR; (L) Lawn Care; (S) Snow Removal; (P) Pet/House Sitting; and **neighborhood you live in** (this is very important - we do 22 newsletters). **If you have renewed your information as of January 1st of this year, you do not need to call in an update.** Thank you.

Keep America Beautiful Month

Since 1968, the amount of litter in America has decreased by 61 percent. But litter remains a problem, costing our nation at least \$11.5 billion per year in direct costs, including cleanup and prevention programs, along with indirect costs such as decreased property values and health issues. Do your part by keeping your neighborhood clean of litter. For ideas, go to the Keep America Beautiful website at www.kab.org.

"It's not what you tell them — it's what they hear."
— Red Auerbach



If you use cables to start your car more than the key, it's probably time to go shopping.

A new car starts with an auto loan from Bellco Credit Union. You've put off buying a car for a while now. This is a great time to buy, especially when you consider Bellco for your auto loan. Advantages like the same low rates on new and used cars, longer more flexible terms, a simple application process, and approval within 24 hours make it easy to choose Bellco. It's never been a better time to replace your old car. And with a Bellco Auto Loan, we can help put you in the driver's seat.



CLASSIFIEDS

Classified ads are \$2.95/line for 2010. Call **Colorado Lasertype at 303-979-7499** to place an ad. To view our display ad prices, visit our website at www.coloradolasertype.com. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

AERATION - \$30 most lawns. Lawn mowing & fertilizing, call for free estimate. 8 yrs. exp. Woodmar Res. Tom **720-436-2871** [4]

KARATE, JUDO, JUJITSU & HEALING. Learn traditional japanese martial & healing arts at the same time. New class @ The Ridge Rec. Center. **ColoradoJujitsu.com**

Unique Concrete Edging- Color, stamp & texture avail. Meet or beat any price. **Dale 303-994-2585, Jason 303-956-3423** [9]

===**LAWN AERATION & MOWING**===
Local, reliable and clean since 1999. Projects too. Call 720-310-LAWN (5296)

Tree Trim. Specialist, call Mr. B! Free est., ins., 20 yrs. exp. **303-932-2514**

Highlands Pride Painting- 303-738-9203

American Sprinkler and Landscape. Free estimates. Aeration \$30 and up. **asprinkler.com** or **720-312-3616**.

Warm spring weather is just around the corner. Call for fresh new landscape ideas. **Property People 303-997-7392.**

COMPUTER SERVICE & Networking, Spyware, Repair & Upgrades. Local & Reliable since '99. **720-66-FRITS (37487)**

Aminals Pet Sitting Service: Pet sitting (in your home). Bonded & ins. Refs. avail. Call **Nancy at 303-335-6237**

For a great AERATION or reliable SPRINKLER REPAIR, call **Victor 303-995-5788**. Leawood resident & off duty firefighter.

Lawn Mowing Only \$25.95 Super Reliable! Since 1982 Mowing, Fertilization, Aeration Call **303-948-6631** or **Order Online www.ErbertLawns.com**

QUEEN PILLOWTOP MATT/BOX SET. Brand new in plastic. Retail \$529, asking \$265. Also, **NEW KING SIZE** pillowtop set. Retail \$699, asking \$385. **303-742-4860**.

CONCRETE REPAIRS: Fix small concrete repairs to avoid costly replacement: Ideal Restoration/Sean **720-422-4236**

Sewing Machines Repaired. 30 yrs + exp. Free est. Free p/u & del. All work guaranteed. Call **Scott 303-972-4687**.

MARY KAY - Call or visit me online **www.marykay.com/brenda** Brenda Cooney, Ind. Sales Dir. **303-972-6245**

Tree trimming & removal- Columbine Tree Svc. **303-979-5330**. 33+ yrs exp. [12]

Lawn Aeration - Most lawns \$30, Fertilizing available. **Nathan: 303-249-0251. www.holygroundaerations.com**

Partylite Candles & accessories. Contact Jan. **www.partylite.biz/janderby** or **303-979-3880**. Online ordering now available.

Small Paint Jobs Only 720-331-7032

Mike the Plumber - Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. **720-422-8139**

PLUGGERS AERATION - Most yards \$35. Aeration & fertil. \$50. **303-984-7584**

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Drywall & Basement Finishing Services. 26 years experience. Gary **303-829-6363**

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Practice Safe Computing While Online

Using your computer safely isn't all about ergonomics. You have to be careful not to risk the damage that can come from being hacked, phished, contaminated by viruses, or having your personal information stolen. Here's how:

- **Protect your computer.** Do your homework on the best antivirus software for your system. Install a strong firewall to prevent intruders from getting access to your computer. Keep track of the latest security patches to deal with vulnerabilities you may not be aware of right now. And back up your hard drive so you won't lose everything in an emergency.

- **Protect your information.** Limit the amount of personal data you share with any website, particularly financial information like credit card or Social Security numbers. Read the privacy policies of sites you visit frequently to find out what they do with the information they gather. Avoid file-sharing online — viruses and spyware can easily sneak onto your hard drive. And use common sense when working at a public computer (in the library, for example): Don't let the computer save your logon information, and clear your browsing history before you leave.

National Park Week, April 17-25

America's national parks are examples of our magnificent natural landscapes and our varied yet interrelated heritage. Parks provide recreation, exercise, opportunities to learn and grow, and places of quiet refuge. Take time this month to visit a national park near you.

2010 Woodmar Square Homeowners' Association Membership

Annual Homeowners' dues of \$25 per family are used to support activities, Matching Funds program with Foothills Parks & Recreation, and bi-monthly homeowners' meetings. We are a volunteer committee dedicated to improving our community of Woodmar Square! Cut out this form and return it with a check for \$25 to:

WSHOA
P. O. Box 620231
Littleton, CO 80162-0231

Name: _____

Address: _____

Phone #: _____

E-mail: _____

Babysitting 101

Nervous about hiring your first babysitter? Not quite sure what you should do to prepare him or her — and yourself — for the event? Keep these suggestions in mind:

- If possible, set up an introductory meeting before your babysitter actually watches your kids. Introduce him/her to your children; see how they interact and whether they seem comfortable. Also introduce the family dog to your sitter to test the same comfort zone.
- Do a quick tour around the house, pointing out key areas such as cabinets or drawers where baby/children's items are located. Also show locations of telephones, and remember to warn the sitter of any special locks or windows that cannot be used for escape in case of an emergency.
- Have the following information written down and accessible in the event of an emergency: family name; children's names; house address with nearest cross street; instructions on how to contact the parents; phone numbers of close relatives and neighbors; doctor's name and phone number, along with a medical release.
- Write down any instructions about medicines to be given to the children — how much and what time.
- Give explicit instructions if a pet needs to be fed and/or taken out before bedtime.
- Let the sitter know whether or not children can have anything to eat or drink before bed.
- Generally, if you plan on being gone for more than four or five hours, phone home once to check in on the sitter and children.

How To Respond When The Fever Strikes

"Fever in the morning... fever all through the night..." The hit Peggy Lee song turns love into a fever with a catchy tune. But if you or a loved one is suffering from an actual fever, how much should you worry?

Chances are you'll be fine. A fever is defined as a body temperature above the so-called "normal" 98.6 degrees. But your temperature can fluctuate by a degree through the typical day. Physicians don't consider a fever medically significant until it reaches 100.4 degrees. A fever of 104 or higher calls for immediate treatment or medical attention.

Fever is most often caused by an infection. Diseases like the flu, the common cold, strep throat, gastroenteritis, and others can produce a fever, as can such medical conditions as lupus, arthritis, and some cancers. In addition, antibiotics and other drugs (including narcotics and antihistamines) can cause fevers due to adverse reactions or withdrawal.

Most fevers can be treated with acetaminophen, ibuprofen, or aspirin (though children and teens shouldn't take aspirin due to the risk of Reye syndrome). Fluids are important to prevent dehydration, because a fever can increase perspiration and lead to excessive loss of fluid.

Fevers are more dangerous in children. Children below the age of three months should be seen by a physician if they have a temperature of 100.4 or higher. Anyone with a history of heart disease, diabetes, cancer, or other serious medical conditions should promptly seek care from a medical provider should a fever strike.

Beyond that, be on the lookout for symptoms such as headache, neck stiffness, shortness of breath, convulsions, or seizures, which can indicate more serious problems.

In Woodmar Square, Results Count!



Duffy & Associates, LLC
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 Office: **303-933-0900**
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www.duanecduffy.com



Woodmar Square Statistics for March 2010

Current Homes **FOR SALE** in Woodmar Square

	Lowest	Highest	How Many?
Ranch Style	\$265,000	\$265,000	1
4-Level	254,900	275,000	2
2-Story	272,500	272,500	1
Tri-Level	None	None	0
Bi-Level	None	None	0

Current Homes **UNDER CONTRACT** in Woodmar Square

	Lowest	Highest	How Many?
Ranch Style	None	None	0
4-Level	\$259,000	\$269,900	2
2-Story	None	None	0
Tri-Level	None	None	0
Bi-Level	None	None	0

Homes **SOLD** in Woodmar Square for 2009

	Lowest	Highest	How Many?	Sold 2010
Ranch Style	None	None	0	0
4-Level	\$192,700	\$280,000	7	0
2-Story	297,900	305,900	3	0
Tri-Level	250,000	250,000	1	0
Bi-Level	180,000	180,000	1	0

"What Sets Duane Apart"

- Licensed Realtor by the State of Colorado
- Member of South Metro Denver Realtor Association
- Member of Colorado Association of Realtors
- Licensed Attorney by the State of Colorado
- Member of Colorado Bar Association
- Member of Real Estate Section for Colorado Bar Association

The statistical information is based on MLS data March 2010.

Not all of the properties were listed and/or sold by Duffy & Associates, LLC.