



# Around the Square

Publication of the Woodmar Square Homeowners Association

[www.Woodmarhoa.org](http://www.Woodmarhoa.org) • [WoodmarHOA@yahoo.com](mailto:WoodmarHOA@yahoo.com)

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## Social Media Safety

It should come as no surprise to you when I say I'm no computer whiz. I do have a BlackBerry and a laptop, and I fondly remember the days when I didn't have either. I'm not one of the 500 million Facebook users, as I prefer doing my social networking the old-fashioned way. But millions of people are fully engrossed in these engaging and ever-changing online networks – which do involve some risks. And so, with a little help from my staff (okay, a lot of help from my staff), we've put together some tips for using social media safely. Tip #1: Flickr is not a horse.

### The Lights are On, But Nobody's Home

One of the fastest-growing trends among social media users is the act of broadcasting their location. In fact, the social networking site Foursquare is built for users to tell others where they are. Touted as a way to "find your friends" and "explore your city," Foursquare involves users "checking in" at an address, and maybe adding a note about what they're doing. ("Having dinner at Caretta Vieja in Conifer – this place is great!") A mapping function will broadcast the exact location of the restaurant.

Of course, you don't have to use Foursquare to post messages about where you are... the same can be accomplished through Twitter, Facebook, LinkedIn and many other social media sites.

The larger and less intimate your friend list is, the more cautious you should be about what you post. If you tell dozens of people in real-time that you're on a beach in Mexico, you may be setting yourself up for a home burglary. Because let's face it – some of your online friends are true friends. The rest are "frenemies," an ex-boyfriend, a deadbeat cousin, this one lady you used to work with, a guy you went to high school with, your kid's friend... and so on. Bottom line: some "friends" you don't know well enough to trust.

Successfully and safely using social media requires some combination of exclusivity and limited commentary. If you have a small but trusted network of friends, you can afford to be chatty about being away from home. If you have a large and more random network, you should not share personal information or allow others to track your whereabouts.

### Geotagging

Another way for others to pinpoint your location is through automatic geotagging. When you take a photo with a smartphone, it is likely geotagged with latitude and



*continued on page 2*

## Woodmar Square Bowling Night

Join your neighbors at Fun City on March 12th for some bowling. Woodmar Square HOA will pay for up to 10 lanes for two hours of bowling between 6:30 p.m. and 8:30 p.m. (4-8 bowlers per lane). Residents are welcome to bowl longer – but at their own expense. This is a come out and meet your Woodmar Square neighbor event. We hope you have fun! Please RSVP to [woodmarhoa@yahoo.com](mailto:woodmarhoa@yahoo.com) (with the number of bowlers from your household) - so we have an idea of how many are coming. We thank those who support the HOA financially, making this event possible.

## Woodmar HOA Meetings

The volunteer HOA will meet three times each year, unless additional meetings are requested. Look for upcoming meeting dates for April, August, and November. Meetings are open to all residents in the Woodmar Square neighborhood. Over the past year or two, meetings have typically focused on planning neighborhood events and maintaining the front entrance.

## Columbine Montessori Preschool

Columbine Montessori Preschool will begin accepting reservations for the Fall 2011-2012 school year on the 1st of March, 2011. Please call the school at **303-979-7190** to schedule an observation appointment. Columbine Montessori offers an academic preschool program through kindergarten. Visit our website at [columbinemontessori.com](http://columbinemontessori.com).

## Implant Helps Blind People See

It's not exactly a bionic eye that can give people telescopic sight, but German scientists have developed an implant that can allow blind people to see. It's restored the sight of at least three sufferers of retinal dystrophy, a hereditary condition that causes the degeneration of light receptors. The implant, a small device placed inside the rear wall of the eye, stands in for receptors that have been lost due to the condition and allows the eye to process light as before. One patient who received the receptors can find and identify objects on a table, read a clock face, and differentiate among seven shades of gray.

### Teen Services

To add your teen's name, please email **Colorado Lasertype** at [getinfo@coloradolasertype.com](mailto:getinfo@coloradolasertype.com) and leave the following information: the **neighborhood you live in**, your age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting; **(\*)** Red Cross Cert for CPR; **(L)** Lawn care; **(S)** Snow removal; **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Eric B.	13	L/S/P	303-973-7802
Mary B.	12		303-933-8490
Julie B.	12	B*/P	720-922-0490
Courtney C.	15	B/P	303-904-8483
Jackie C.	17	B	303-904-8483
Hannah M.	12	B/P	720-238-3973

### Social Media Safety, *continued from front page*

longitude metadata that tells the exact location where the photo was taken. This means that if you use your phone to snap a photo of your big-screen TV, and then post it on Facebook or Craigslist, any somewhat-savvy person with access to your photo now knows where to find that big-screen TV.

Geotags on existing photos can be removed with some software programs and free downloads. Now may be a good time to review what photos are "out there" and either remove them or strip their metadata. The easiest solution, going forward, is prevention. To stop automatic geotagging in future photos, you can disable your phone's location function in your settings menu.

#### Personal Information

No matter what social media site you prefer, it's critical that you keep your home address, phone number and e-mail address off your profile. Having this information available to the aforementioned crowd (your brother's best friend from elementary school, your husband's bowling buddy's wife...) can lead to crimes like burglary, harassment and fraud. Also, making your profile and photos visible to only the specific individuals that you choose is essential. It can't prevent all dangers, but it's a huge step toward keeping strangers away from your personal information.

#### Social Media and Children

Children are at great risk when using social media for all of the concerns listed above. They are also in danger of being contacted by predatory pedophiles, or being "cyberbullied." Be sure to keep up with your kids' online and mobile activities, including social networking and gaming. Profiles that appear to represent other children could be false profiles created by someone else. For more on protecting your children online, visit NetSmartz from the National Center for Missing and Exploited Children, or the Jefferson County District Attorney's Office child sex offender internet investigations unit page.

— Sheriff Ted Mink

### B'nai Chaim Services

B'nai Chaim, a Reform Jewish Congregation serving southwest metro Denver, will conduct Shabbat Services on February 4 and 25 at 7:30. An Oneg Shabbat will follow all services. All services will be held at Congregation B'nai Chaim, 4716 South Coors Lane. All are welcome. Call **303-697-2668** or visit our website at [www.bnaichaim.org](http://www.bnaichaim.org) for more information.

### Woodmar HOA Board Members

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*Treasurer:* Dave Glennon      *Editor:* Jennifer Magri

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Lucy Hayes      Bev Keena

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Article deadline is the 10th of each month; distribution is the first week of each month. Advertising deadline is the 15th of the month for the next month's issue except for the Jan. issue which is Dec. 6th.

For advertising information, call **Colorado Lasertype**, **303-979-7499**. Email: [getinfo@ColoradoLasertype.com](mailto:getinfo@ColoradoLasertype.com)

Visit our website at [www.ColoradoLasertype.com](http://www.ColoradoLasertype.com).

### Columbine Kiwanis

During January, we have been working with "The write stuff" distributing schools supplies. The local Kiwanis Clubs are working with Jeffco Action Center to purchase and distribute school supplies. We have two upcoming big projects, our quarterly blood drive on March 21st and working with the Channel 9 Health Fair on April 9.

If you want to help with these or other Kiwanis projects, give me a call. Or come to one of our meetings and see what we do.

Kiwanis is group of volunteers dedicated primarily to children in our local community. We also have fun at our meetings and at social events. Come check us out.

— Ken Sweet 303-973-8253

**CLASSIFIEDS**

Classified ads are \$2.95/line for 2011. Contact **Colorado Lasertype** at 303-979-7499 or [getinfo@coloradolasertype.com](mailto:getinfo@coloradolasertype.com) to place an ad. To view our display ad prices, visit our website at [www.coloradolasertype.com](http://www.coloradolasertype.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

**For Sale:** Blue upholstered hide-a-bed sofa - \$200.00. Wood and glass coffee table - \$50.00. **303-979-3880.**

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**PARTYLITE CANDLES & Accessories.**  
*See the 2011 catalog on my website.*  
**Contact Jan. [www.partylite.biz/janderby](http://www.partylite.biz/janderby)**  
or **303-979-3880.**

**Highlands Pride Painting- 303-738-9203**

**HOST FAMILIES NEEDED:** Spring International Language Center at Arapahoe Community College is seeking families to host international students. Families must be interested in cultures, have private bedroom for student. Compensation of \$650/month for room & board. For more information, contact Missy at 303-794-2622.

**Tree trimming & removal-** Columbine Tree Svc. 303-979-5330. 33+ yrs exp.

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**MARY KAY** - Call or visit me online [www.marykay.com/brenda](http://www.marykay.com/brenda) Brenda Cooney, Ind. Sales Dir. 303-972-6245

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**Run These Important Checks To Keep Your Car Running**

You rely on your car for transportation, safety, and style. You'll get none of that if you don't take care of your vehicle. Keep your vehicle running smoothly by regularly checking these important components:

- **Oil.** Have this changed every 3,000 miles, and check the level in your engine every week or two.
- **Tires.** Have them rotated every 6,000 miles, and check their alignment and balance once a year. Check their pressure at least once a month (and don't forget the spare tire in your trunk).
- **Air filters.** Change your air filter every 15,000 miles to keep clean air flowing through your engine.
- **Fuel filters.** Once a year, replace your fuel filters so your carburetor or fuel-injection system doesn't get clogged.
- **Brakes.** Have a mechanic look at your brake pads and other components once a year.
- **Windshield wipers.** Check these every time you get your oil changed, or every six to 16 months.
- **Engine coolant.** Have this replaced once a year. Dirty coolant fluids can allow rust particles to build up and cause trouble for your cooling system.
- **Battery.** Most batteries will last three years or so without requiring maintenance or replacement, but have it looked at when you get your oil changed to be sure nothing is loose or corroded.

**National Eating Disorders Awareness Week, February 20-26**

According to the National Eating Disorders Association website, as many as 10 million women and 1 million men in the U.S. are fighting a life-and-death battle with anorexia, bulimia, or some other eating disorder.

**Volunteer Sign Up**

We would like to volunteer for: \_\_\_\_\_  
 An Activity: \_\_\_\_\_  
 Check if interested and indicate if you are willing to have tour at your home.  
 Volunteer day  
 Home tour \_\_\_\_\_  
 Garden tour \_\_\_\_\_  
 Garage tour \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Welcoming Basket: \_\_\_\_\_  
 My business is: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Web site: \_\_\_\_\_  
 Gift or coupon: \_\_\_\_\_

Please send to:  
 Woodmar Square HOA • P.O. Box 620231 • Littleton, CO 80162-0231



**Good Decisions, Positive Future**

Any parent knows how difficult the adolescent years can be. Young people entering adolescence face many decisions that they may be unprepared to make. This two day program will teach adolescents ages 11-18 to make good decisions and help them avoid risky behaviors. Class will cover decision making skills, consequences, refusal skills, values, conflict and responsibility. Class fee: \$75 (District Rate: \$60). Class runs during Jeffco Spring Break on March 28 and 30 from 9 a.m. – 3 p.m. at the Ridge Recreation Center. For more information, call **Jamie** at **303-409-2510** or to register, visit [www.ifoohills.org](http://www.ifoohills.org).

**American Heart Month**

Heart disease is the leading killer of men and women in the United States and worldwide, according to the Mayo Clinic website. In the U.S., heart disease is responsible for 40 percent of all deaths – more than all forms of cancer combined. But many forms of heart disease can be prevented or treated with healthy lifestyle choices and diet and exercise.



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**Regular Meetings Encourage Better Communication**

Yes, you're busy. Your spouse and your kids are busy, too. That's all the more reason to hold regular family meetings to compare schedules, share ideas and problems, and keep the lines of communication open. Here are some guidelines to follow:

- Choose the right time and place. Family meetings should be regular weekly events with your whole family. Work together to decide on a time that works for all of you, and gather in a spot where you can relax and be free of distractions – especially television.
- Set an agenda. Keep meetings manageable by following a regular plan. Some families like to start with everyone telling about something positive that happened that week, followed by a problem, or a goal. You don't have to copy that formula, but include ongoing issues like scheduling (dentist appointments, after-school events, and the like), and leave some time for new topics.
- Keep them brief. Don't let the meetings drag on and on, or everyone will start to dread them. Keep your agenda brief, stick to it, and finish promptly.
- Let everyone speak. Parents may run the meeting, but they shouldn't dominate the discussion. Let every family member speak, and listen attentively and respectfully to what everyone has to say.
- Seek consensus. As parents, you may have to make a command decision every now and then, but try to bring everyone aboard on decisions and plans that affect the entire family.

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